

"After 30 years in service worldwide, we know investing in children is the most optimistic and lasting work anyone can do. The destiny of the planet is in their hands, but their ability to safeguard the future is in our hands."

-Bud Philbrook, Global Volunteers Co-founder and CEO



Travel That Feeds The Soul!



More Than Three Decades in Service Worldwide

Global Volunteers is a US-based, private, nonprofit international development organization in consultative status with the United Nations Economic and Social Counsel. We pioneered short-term international service programs (1 to 3 weeks) to enable regular people to help create, nurture and sustain the well-being of children worldwide. Since 1984, more than 35,000 volunteers have served hundreds of communities in 35 countries on six continents.

We offer you - the volunteer - our development expertise as a platform for expressing your desire to make the world a better place.

Our steadfast commitment to local people has led to exciting new arenas of service. For example, in Tanzania, we are implementing our Reaching Children's Potential (RCP) Demonstration Program with the goal to eliminate childhood stunting throughout the world. Stunting is a debilitating condition that affects 1 out of every 4 children worldwide. It significantly impairs cognition and prevents children from reaching their potential.

Successive teams of short-term volunteers help parents deliver essential services to their children, focusing on the critical first 1000 days. By ensuring sufficient food and nutrition, health and hygiene and education and psychosocial support, all children can realize the fullness of their potential.

We **need your help** to continue improving children's futures worldwide. Each personal "journey of the heart" becomes – one person at a time – a foot-worn pathway of peace and justice.

How You Help:

Our understanding that, "Local people are always in charge," has led to decades of success. We don't impose standards, suggest "results" or bring "solutions" to our partner communities. **We serve!**

Join a team of short-term volunteers and help catalyze and expand local development efforts by serving:

- Where you have been invited
- Under the direction of community leaders
- On long-term community-based projects
- Hand-in-hand with local people

Choose where and when you would like to volunteer. Serve at the local level – where gardens are planted, children are taught, families are protected and health care is provided! Teach conversational English - the international language of opportunity. Improve community infrastructure - if you can wield a paintbrush or pound a hammer, you can be helpful. Offer children psychosocial support - nurture, embrace and play with children of all ages. Volunteer in the USA and help build mutual understanding and respect from the bottom up. But, most importantly – Join us!



Bishop Owdenburg Mdegella (above) who invited Global Volunteers to his home village in the Iringa District of Tanzania over 30 years ago, says:

"We focus our work on education, because education is what will ultimately free our people from poverty."

Our choice to print this catalog on Flo coated papers, using renewable agri-based ink, reduces our carbon footprint and supports local businesses. The paper, manufactured in Cloquet, Minnesota, is FSC certified (more trees are planted than are cut during the paper-making process) and is made of at least 10% recycled fiber.

How We Help You:

Serve Solo, as a Family or With Your Group

Through genuine service to local people, you become a catalyst - bringing dreams and hopes to reality in rural communities and urban centers.

Learn About Cultures in the USA or Abroad

You'll be treated like a member of the host community, forming new friendships that aren't possible through traditional travel.

Benefit from Tax-Deductible Programs

Our itinerary ensures that U.S. taxpayers are eligible to deduct the cost of their service program including visa and airfare.

Enjoy Safe Lodging, Food and Transportation!

We always put your health and safety first on every program - every day. Our mantra: "Safety Trumps Everything!"

Connect with Like-Minded Volunteers

Global Volunteers team members enjoy the camaraderie of others - and often form life-long friendships after sharing this experience. Many choose to serve together again!

Serve With Experienced Team Leaders

Your program will be led by an experienced leader who has completed Global Volunteers' intensive service program management training. Most team leaders are local staff living in the host community, while others are volunteers.

Experience New Cultural Opportunities

We enable you to experience the local customs, traditions, language and events through genuine community service projects – providing the most authentic understanding of the host community's culture.

Cover Photo:

Village children in Ipalamwa, Tanzania. Photo by Tanzania Volunteer Abby Raeder. **Back Cover Photo:** Joe Thigpen teaches English to 2nd grade students in Peru. Photo by Country Manager Edith Rodríquez.



Mother and her baby at a RCP (Reaching Children's Potential) workshop in Ipalamwa, Tanzania. Photo by Digital Media Production Coordinator Jack Bryan

What's Inside:

USA Service Programs	4-5
Teaching Conversational English	6-20
Delivering Essential Services	7-19
Cuba Program	9
Type of Work Projects	21-23
Discounts & Fundraising	24
Make a Difference	25-26
Family Volunteering	27
Group Volunteering	28
How To Register	29

volunteer The USA



From the hills of Appalachia to the mountains of Montana, you can help resourceful communities provide a better life for their children.

We connect you one-on-one with local people on significant community development projects for a week of service, learning and fun. You and your teammates will have the unique experience of becoming a part of another community and making a difference. Explore a fascinating culture different from your own within the borders of the USA – either Native American or Appalachian.

Volunteer Linda Walker replants vegetables in pots with local children at greenhouse on the Blackfeet Reservation, Montana. Photo by Team Leader Michele Gran.

"Over the years, Global Volunteers built sustainable relationships and credibility through volunteers' hard work and sensitivity. That takes time and patience. We all benefit." ~ Montana Volunteer Arnold Kerzner

Community Volunteer Work Projects:

Across the USA, proud traditions are passed on for generations. As a Global Volunteer, you'll experience the local culture and witness customs and traditions from the "inside" as a part of daily life.

You're needed to serve meals to home-bound and disabled elders, help build, repair and renovate homes and brighten common areas. No special skills are required to work alongside local people on their community projects.

You may think you know the USA, but these "family friendly" communities will broaden your perspective of this nation in surprising ways. Learn lessons in self-determination, cultural diversity and the simple "grit" for getting things done. Best of all, they're only a day's drive or a short flight from most USA urban centers. Join us this year!

Lodging and Meals:

- Comfortable community lodging
- Dormitory-style
- Self-prepared breakfast
- Lunch at work site
- Dinner prepared by local cooks

Free-Time Options:

- National parks and nature preserves
- Traditional celebrations and fairs
- Museums, crafts and art markets
- Informal team sports and games

Standard USA service programs are one week, with longer programs available in some communities. See date sheet for program dates and tax-deductible program contributions.



Volunteer Andy Cardones teaching mathematics to a student in Appalachia, West Virginia, USA. Photo by Team Leader Evette Morrow.

Montana: Indian Reservations

On the Blackfeet Reservation of northwest Montana, days are measured by the seasons, and the circle of life is celebrated through sacred traditions and historical customs. This is an isolated area of the country, visited by non-Indians on their way to Glacier National Park. The economic and political center of the reservation is Browning – which is also the county seat and location of federal Bureau of Indian Affairs offices.

You can serve meals, read aloud to pre-school children, assist with recreational programs, counsel youth, stimulate elders, paint and landscape public facilities and help with preparations for special events, such as the annual Indian Days pow-wow.

After the work day, you can explore the wide open spaces of the Western Plains, participate in Indian Sweats, practice beading, learn about the Blackfeet language or take a trail ride by horseback.

Under the direction of our local Blackfeet community partners, you're offered an "unvarnished," personal glimpse into the daily realities of life on "the rez."

"The Global Volunteers who have been coming to the rez for more than 15 years have been eager to learn our ways and have also taught us respect for the work they do to help us in so many ways. They are good for our people." ~ Tom Crawford, Blackfeet Elder

West Virginia: Appalachia

The coal mining culture of Appalachia is the backdrop of work projects in Fayette County - a federal empowerment zone in the fabled *hollers* and verdant mountains of West Virginia.

The geographic isolation required residents to be selfreliant - developing their own textiles, raising their own food, building their own homes and fashioning household implements from materials at hand. This resourcefulness guaranteed survival amidst the crushing poverty resulting when coal companies abandoned the small "company towns" and left families in ruins. It also spurred a fierce protectiveness for residents' way of life - an optimistic desire to thrive despite adversity.

Projects include restoring or rebuilding low-income housing, tutoring GED students and assisting with public health education through the Southern Appalachian Labor School (SALS) and the Youth Build program, and the Oak Hill Community Center. You may also assist at the local food pantries, tutor kids in an after-school program and provide administrative assistance to community leaders on some programs, when requested.

"I loved their stories, eating their meals and going to local activities and events." ~ West Virginia Volunteer Lisa Johnson



Volunteers work with local teens to finish a caterpillar play structure in Browning, Montana. Photo by Team Leader Ann Marett.

volunteer China



Experience history in the making in the classrooms of China! Global Volunteers was one of the first American non-sectarian NGOs to send short-term volunteers to the People's Republic of China in 1996. Since then, thousands of volunteers have helped build a "state of the art" elementary school in a farming village, extended care to disabled toddlers and taught conversational English to children, young adults and Chinese teachers. You can personally help expand learning opportunities for China's future leaders in public and private elementary classrooms and in colleges and vocational schools.

China Volunteer Steve Carr and local children in Kunming. Photo by China Team Leader Hu Di.

"The students were remarkable. We told them we brought something that can help them....the English language, and if they share their understanding with others, the world will certainly be a better place." ~ China Volunteer Richard Chun

Community Volunteer Work Projects:

Teach conversational English to youth and adults in primary, secondary or university classrooms! Our host partners in Xi'an and Kunming are grateful for your assistance to enhance educational opportunities throughout their communities.

This program is well-suited to volunteers who seek predictable and meaningful volunteer projects. You'll be matched with students based upon their level of English language proficiency. Further, on some programs in Kunming, you'll help Chinese English teachers improve their language skills to enhance their teaching capabilities.

Our staff and project leaders at each work site enable you to help Chinese students and teachers prepare for work in the global

Lodging and Meals:

- Spacious, modern hotel
- Double-occupancy rooms
- Single occupancy available
- American-style breakfast at hotel
- Lunch and dinner at restaurants

Free-Time Options:

- Museums, parks, theater, shops
- Archeological sites
- Terra Cotta Warriors in Xi'an
- Gardens & galleries in Kunming

Standard service programs are one, two and three weeks, with longer programs available in some countries. See date sheet for program dates and tax-deductible program contributions.

arena, where English serves as the universal language of commerce, technology and opportunity. While teachers are always beneficial, no formal teaching experience is required. Every open-minded native English speaker is a very valuable resource.

VOLUNTEER COOK Islands

The self-reliant Maori people of the beautiful and isolated Cook Islands request your help to restore the country's historical vitality – while sharing their vigorous, Polynesian culture. Challenged by a declining population and weakened economy, civic leaders work to reverse youth migration to New Zealand and create employment opportunities throughout the net of 15 islands in the heart of the South Pacific.

Our NGO host partner on the main island of Rarotonga directs our work to help bolster literacy and social services in several settings. Families and groups of all sizes are welcome to work with the island's youth and adults!



Cook Islands Volunteer Bill Vanderheide teaching a class at Avatea School, Cook Islands. Photo by Cook Islands Country Manager James Puati.

"I experienced what it is like to live in a developing nation. I learned about the Maori people, their culture and traditions, their food, their land wars, their families -- but most of all, I learned patience." ~ Cook Islands Volunteer Connie Xuereb

Lodging and Meals:

- Delightful oceanfront hotel
- Large double-occupancy rooms
- Single occupancy available
- American-style breakfast at hotel
- Packed lunch at work site
- Local cuisine for dinner meal

Free-Time Options:

- Ocean sports, hiking and biking
- Dance and music performances
- Weekly cultural market

Standard service programs are one, two and three weeks, with longer programs available in some countries. See date sheet for program dates and tax-deductible program contributions.

Community Volunteer Work Projects:

Global Volunteers' teams work with local leaders to help children reach their full potential.

You're needed to work one-on-one with students in primary and secondary schools through reading, arts and crafts, playing games and more to advance their English proficiency. Help them improve their numeracy skills and study for tests by practicing lessons. High school students also need your assistance to improve their computer skills.

If you like working with your hands, you can help protect and maintain school facilities by painting, repairing and renovating buildings, and providing plumbing, carpentry and electrical assistance. Work projects can change from season to season, so we ask

you to be flexible and open to the various community needs.

VOLUNTEER Costa Rica



If you're a take-charge, resultsoriented individual, you'll learn a new natural rhythm of life in Costa Rica. Each day is a celebration of life's simple gifts within one of the world's most self-directed societies.

Enjoy *soft adventure* helping to improve a public secondary school campus. Projects include building renovation, landscaping campus gardens, painting classrooms and clearing forest trails. Local leaders direct labor projects, engaging you in their long-term vision. Or teach English in small groups. Older teens can serve with a parent or guardian. Come see what a difference you can make together!

"Something very special happened during those two weeks. Relationships were built, new friends were made, fathers and sons bonded, a team came together, and all of us learned a little bit more about ourselves and the world in which we live." ~Costa Rica Volunteer Randy Wills (on left in photo)

Community Volunteer Work Projects:

Here's a place to roll up your sleeves and make a personal contribution -- regardless of your skills. Whether you're a student, trades professional, teacher, homemaker, artist, lawyer or retiree, you'll enjoy the low-stress culture, the openness of the people and the spectacular cloud forest backdrop to the work projects. The team assignments vary by season, year to year, always offering the opportunity to work one-on-one with local people.

Costa Rican culture values flexibility and community spirit, so projects are *cooperative* in nature. Teach conversational English to 7th through 12th grade students at Colegio in Santa Elena, plant gardens, maintain livestock buildings or help paint a classroom.

Lodging and Meals:

- Comfortable tourist-class hotel
- Double-occupancy rooms
- Single occupancy available
- Breakfast & dinner at hotel or local restaurant
- Hot lunch at school work site

Free-Time Options:

- Hiking, sunbathing, nature walks & wildlife viewing
- · Volcano and butterfly garden tour
- Coffee and chocolate tours

Standard service programs are one or two weeks, with longer programs available. See date sheet for program dates and tax-deductible program contributions.

You are needed! All students at the secondary school receive English classes but need opportunities to gain confidence by practicing with native speakers. Teachers often plan the activities to lead in the classroom.

volunteer Cuba



Cuba Volunteer Patty Davidson sharing her expertise in sewing and knitting with two women at Women's Cooperative Crafts Enterprise. Photo by Cuba Team Leader Amy Keegan.

Cuba is an extraordinary experience! We offer you legal travel on one and two-week people-to-people and service-learning programs in two distinct communities: iconic Havana and rural Ciego de Ávila, a vibrant community in the center of the island.

Through people-to-people exchanges and daily humanitarian assistance, volunteers and local people of all ages work together to strengthen civil society and deepen insight and respect between our two nations. Since 2012, we have offered this unmatched opportunity to work with and learn from and about the Cuban people – something Americans have yearned to do for over 50 years.

"Global Volunteers will help us bring about the necessary changes our nation craves." ~ Eduardo González, Cuban Community Partner

Lodging and Meals:

- Charming casa particulares (B&B)
- Single-occupancy rooms available
- Three authentic Cuban meals daily
- Dinner at area restaurants

People-to-People Exchanges:

- Museum visits and walking tours
- Art exhibitions
- Dancing & musical demonstrations
- Theatrical performances
- Host community conversations

Cuba programs are one or two weeks and include people-to-people activities during the middle weekend. Volunteers serve 40 hours per week, and the service program contribution is tax deductible. Exclusive group options also are available.

customs and dreams of its people.

Community Volunteer Work Projects:

Our program combines the best of volunteer service and peopleto-people exchanges by supporting the Cuban people and engaging you on humanitarian projects. You can practice conversations in English with small groups, work on community gardens, sew and make crafts at a women's cooperative, engage seniors in games and activities or repair or paint community buildings while enjoying all of the people-to-people activities.

This is an innovative program for Cubans and Americans alike. Most important is the opportunity to build on our relationship with the Cuban people. Help them improve their futures while you experience the vibrancy of Cuban art, music, theatre and dance. This is an extraordinary opportunity to gain a rare perspective into daily life on this colorful island nation through the eyes,

volunteer Ecuador

The spectacular ancient Andean culture and geography is an inspiring background to service work in Ecuador. You can make a difference!

Our amazing community partner – a nonprofit women's foundation – runs two bright childcare centers to support single mothers who must leave their children during the day to go to work. You're needed for hands-on care of the young children in the centers and to assist with maintenance of the facilities. As a Global Volunteer, you'll experience Ecuador through lively children, their families and dedicated caregivers.



Volunteers Missy Ek and Darrell Stanley with FUNDAC children and care provider, Katy. Photo by Ecuador Country Manager Maggie Bjorklund.

"It was hard work; there's no doubt about that. But when 60 little voices greet you in unison 'buenos días' and charge to meet you at the door to be lifted and embraced, you forget the achy feet and stiff back." ~ Ecuador Volunteer Claudia Danovic

Community Volunteer Work Projects:

Contribute to a better future for vulnerable children from impoverished families in Quito. The need is ongoing, so the immediate value of your contributions – working through Global Volunteers' local partner - Fundación de Damas Calderonenses (Foundation of Women of Calderón) – is immeasurable.

Assist in preschool classes and recreational activities – a fun and exhilarating assignment. The children are eager and the caregivers and parents are grateful for your help. You can also serve alongside local workers who are improving the facilities Global Volunteers helped construct. Work projects may include painting classrooms, building/repairing playgrounds, tiling walls and floors and fixing windows and doors. If you enjoy children, your compassionate heart and helping hands are needed at FUNDAC

Lodging and Meals:

- Safe, comfortable traditional hotel
- Double-occupancy rooms
- Single occupancy available
- Buffet-style breakfast at hotel
- Lunch and dinner in area restaurants and hotel

Free-Time Options:

- Volcano and equator tours
- Archeological museums
- Andean markets, architecture

Standard service programs are one and two weeks, with longer programs available. See date sheet for program dates and tax-deductible program contributions.

in Calderón. No matter your background or work assignment, your personal efforts improve the well-being of the day care children.

volunteer Greece



Greece Volunteer Colleen Shannon helps a young student with English pronunciation. Photo by Country Manager Samantha Pinakoulaki.

The island of Crete – a Mediterranean jewel boasting white-washed houses and turquoise waters – is a land of antiquity and vibrant culture. But it has struggled economically and now needs some outside assistance.

Our municipal government partners want to engage you in a youth English language summer camp or afterschool tutoring so its children can improve their English skills – the international language of opportunity.

Discover how effective you can be just being yourself in Crete's classrooms, learning centers and in small group activities. This is a great family opportunity or summer group volunteering project!

"I was a bit surprised when the girls started passing hand-made 'good-bye' and 'I love you' cards to me. The toughest part is when they look up at you and say 'please don't go!' That just melts my heart." ~Greece Volunteer Jennifer Starin

Lodging and Meals:

- Charming, family-owned hotel
- Double-occupancy rooms
- Single occupancy available
- European-style breakfast at hotel
- Hotel and restaurant meals

Free-Time Options:

- "Mountains to sea" hiking
- Knossos, Phaistos, Malia Palace & other excavated ancient sites
- Seaside towns and sunny beaches

Standard service programs are one and two weeks, with longer programs available. See date sheet for program dates and tax-deductible program contributions.

Community Volunteer Work Projects:

Conversational English language instruction is a fun, invigorating activity for most native English speakers. Express your creativity and bring new energy and ideas to after-school tutoring programs, all for the benefit of appreciative students. During the school year, most of the students are beginners, and your encouragement can greatly increase their comfort with the English language.

On summer service programs, you'll give students a "head start" on English studies through coaching and practice at stimulating "summer camps," which Greek teachers stress is important for their return to school in the fall. Share your personal insights and stories with students of all ages - lend your energy and enthusiasm to grateful youth. Additionally, volunteers are needed to help

with labor projects, such as painting and maintaining a local women's shelter and contributing to special projects that benefit refugees.

VOLUNTEER Italy



Serve in *the heel of the boot* along the Adriatic Sea in the famed Puglia region in a quaint community of southern Italy.

Obtain a *non-tourist* perspective of daily life by working with high school students in the classroom and adults in the community. You'll get to know teachers and students through service and build relationships based upon mutual respect and understanding.

You don't need previous teaching experience to engage the imagination of eager high school students. You'll lend a significant educational advantage to Italian children, working together to help improve their future employment opportunities through English!

Italy Volunteer Darlene Chirman teaching students with a globe. Photo by Team Leader Phyllis Thompson.

"Simple conversations are highly valued. Every day brought something new. I believe we cooperatively made a difference in spreading goodwill from the USA. Small steps are invaluable to peace." ~Five-time Italy Volunteer John Wheeler

Community Volunteer Work Projects:

Teach conversational English in secondary classrooms during the school year, or at a summer English language camp to adults or high school students.

You're needed to work in the classrooms, assist teachers, review homework, prepare students for tests and serve as a resource on history, lifestyles, sports and popular culture. Teach four hours each day, Monday through Friday. You'll also have time each day to collaborate with your teammates and prepare for classes the next day. You can employ a number of techniques to engage the students: songs, games, skits and the occasional field trip. This is an especially good opportunity for older teens and adult family members to volunteer together! We'll provide you an English teaching guide. Your personal service helps improve the longterm educational future of Puglia's youth.

Lodging and Meals:

- Comfortable, modern hotel
- Double-occupancy rooms
- Single occupancy available
- European & American breakfast
- Lunch and dinner at restaurants

Free-Time Options:

- Olive gardens & winery tours
- Museums, markets, art galleries
- Explore the Peninsula of Salento
- Brilliant, spacious beaches

Standard service programs are one and two weeks. See date sheet for program dates and tax-deductible program contributions.

volunteer in Mexico

Amidst the rugged desert topography of the Sierra Madre Mountains is the Spanish colonial city of Querétaro - considered among Mexico's finest cultural and historical attractions.

As a Global Volunteer, you and your teammates are regarded as rare and valuable English language resources in university classrooms. Because English fluency is often required for Mexican students to advance their career options, they laud the help volunteers provide. Simple drills and conversational practice help improve classroom instruction and give Mexican university students the skills to find good jobs and prosper in their homeland.



Mexico Volunteer Bill Spencer teaches English to UTEQ students. Photo by Team Leader Pam Cromer.

"Interacting with bright, attentive students and being welcomed into a new culture on a personal level-isn't this the goal of a true teacher/traveler? After participating in four programs with Global Volunteers, I cannot imagine any other kind of travel." ~Mexico Volunteer Tom Medsger

Lodging and Meals:

- Charming, tourist-class hotel
- Double-occupancy rooms
- Single occupancy available
- American-style breakfast at hotel
- Lunch on university campus
- Dinner at area restaurants

Free-Time Options:

- San Miguel de Allende
- Museums, art studios & galleries
- Theatre and dance concerts
- Templo de San Francisco

Standard service programs are one and two weeks. See date sheet for program dates and tax-deductible program contributions.

Community Volunteer Work Projects:

Here's an avenue for your creativity and insights! You're needed to practice English conversation with small groups of university students on the school campus. As a native English speaker, you can share your understanding and appreciation of the language through simple exercises and assignments under the direction of Mexican English teachers. English texts and our English Teaching Guide are used for daily lessons. Teach four to six hours each day, Monday through Friday. You'll also have time each day to collaborate with your teammates and prepare for classes the next day. No previous teaching experience is required!

Students enjoy practicing English in informal discussions with patient, friendly volunteers outside the pressures of the classroom. It's here they'll share perspectives about their families,

their country and their hopes for the future with you and your teammates. You'll experience the best of Mexico through the lives of Mexican students while you provide a leg up to the country's future leaders!

volunteer Peru



Peru Volunteer Jessica Tyler working with kids from Manuel Bonilla School. Photo by Peru Country Manager María Eugenia Moreno.

In this land of Machu Picchu, shining seacoasts and ancient cities, over two million children live in extreme poverty – on Lima's streets and in surrounding shanty towns.

You can reach out to at-risk children and be instrumental in developing their self-esteem and confidence, or teach university students. As a Global Volunteer, you can respond to the immediate needs of impoverished youth while immersing yourself in the complex and colorful culture of Peru. Work projects include teaching conversational English, nurturing and entertaining children, assisting in kindergarten classrooms and helping with upkeep and improvements to community facilities.

"Volunteering around the world has taught me our hopes and dreams as people are much the same. Each place now has a human face for me." ~Brenda Clark, 12-time volunteer in Peru

Community Volunteer Work Projects:

You're needed to provide direct services to at-risk children, adults in the Miraflores District and college-aged young adults. Play games with preschoolers to further their socialization and basic English capability. Teach young students music, arts and crafts and help with reading and homework assignments. Help university students and adult community members improve their English language skills. No teaching experience necessary.

Share your specialized skills in public health and preventive care education, counseling and social work. Teach how to prevent the spread of infectious disease and demonstrate effective hand washing with soap and water. Or, roll up your sleeves and give community facilities a face-lift. If you can wield a paintbrush or use basic tools or have a background in plumbing, electrical or

Lodging and Meals:

- Charming and comfortable family-owned hotel
- Double-occupancy rooms
- Single occupancy available
- American-style breakfast at hotel
- Hotel and restaurant meals

Free-Time Options:

- Machu Picchu excursion
- Museums and craft markets
- Music and dance concerts
- Walks along the Pacific Ocean

Standard service programs are one and two weeks, with longer programs available. See date sheet for program dates and tax-deductible program contributions.

construction, you can employ your skills in helping to improve and brighten local facilities.

volunteer Poland

Poland's rapid progress in recent decades quickly earned its place in the European Union. As world leaders in reconciliation and fierce selfdetermination, the Polish people have widely adopted programs to help students compete in a fastpaced world – while advancing the nation's enviable economic growth and development.

Global Volunteers works in close partnership with Siedlce government leaders to help meet the region's ambitious educational goals. You're needed to enrich English classes for students of all ages during the school year, and at informal summer language camps. Share your energy and knowledge of English with inspired and inspiring Polish students!



Poland Volunteers Valerie and Gillian Sarofim lead a summer language camp discussion. Photo by Poland Country Manager Dorota Wierzbicka.

"The Global Volunteers program is the perfect vehicle for promoting peace and understanding between countries through service. It was a privilege to work with these wonderful Polish people and share their lives." ~Poland Volunteer Mary Ellen Flanagan

Lodging and Meals:

- Historic, rural guest house
- Double-occupancy rooms
- Single occupancy available
- American-style breakfast; "home-cooked" Polish lunch & dinner at guest house

Free-Time Options:

- Local music and dance concerts
- Krakow and Warsaw tours
- Visit "Schindler's List" film site
- Tour Wawel Castle or Auschwitz

Standard service programs are one, two and three weeks, with longer programs available. See date sheet for program dates and tax-deductible program contributions.

Community Volunteer Work Projects:

During the fall and spring, you'll teach conversational English in rural Siedlce County elementary and high school classrooms. Polish youth and adults of all ages are open and eager to share their hopes, dreams and challenges with you. This is an especially good opportunity for children and adult family members to volunteer together!

Summer volunteers teach at language camps in the spectacular mountain village of Zakopane in southern Poland, or at an historic manor house near Siedlce. Volunteers and Polish summer camp students study together, practicing English on field trips and through American and Polish games and music.

Small group English lessons are sometimes requested for adult

government workers. When working with adults, you can focus on improving real-life speaking skills in relaxed and informal classes. All native English speakers can do this! An alternative work assignment is to stimulate children and youth with physical and mental disabilities at a boarding school.

volunteer Portugal



We have a place for you – in Beja, two hours southeast of Lisbon – to teach English to youth and adults. Residents of this stunningly beautiful but overlooked region of Portugal envision a time when a vibrant tourist industry will improve local economic opportunities. School administrators and city leaders invite you to provide valuable conversational English language instruction generally unavailable to the average Beja student in secondary, technical and university schools. By offering yourself in this way, you demonstrate true friendship between peoples.

As a native English speaker, you don't need formal teaching experience to be a helpful classroom resource.

Portugal Volunteer Karen Kast with students from Santiago Major School. Photo by Team Leader Joe Testa.

"I had a wonderful relationship with the teachers, and the students were delighted to have a native English speaker in the classroom. This is how peace and understanding between cultures arrives — through communication, interaction and mutual respect." ~Portugal Volunteer Leon Youngpeter

Community Volunteer Work Projects:

Because conversational English is greatly valued in Portugal, you're enthusiastically welcomed into primary, secondary and university classrooms by Beja city leaders and school administrators. Additional assignments in neighboring communities on some teams reach even wider adult and youth populations.

We provide you an easy-to-use, comprehensive conversational English teaching guide. This practical tool is organized by learning levels with lessons you can use in the classroom and small groups. Portuguese English teachers direct you in classroom lessons and activities using standard English teaching curricula. You'll serve primarily as a resource on topics you're familiar with: American or Canadian culture, history, lifestyles, sports and the like. Use songs, games, skits and contests to engage adult students

Lodging and Meals:

- Classic, comfortable familyowned hotel
- Double-occupancy rooms
- Single occupancy available
- American-style breakfast at hotel
- Lunch and dinner at restaurants

Free-Time Options:

- Oceanario de Lisboa Aquarium
- · Museums and local shopping
- Sunny beaches and coastal vistas
 - Beja Castle and colonial churches

Standard service programs are one and two weeks. See date sheet for program dates and tax-deductible program contributions.

and youth. Experience Portugal as a volunteer! Teach English and witness daily life as local people live it.

volunteer in Romania

Having survived a tumultuous history, Romanians credit the European Union for sparking improvements - especially for children and youth, who hold the country's future in their minds, hands and hearts.

Iron cribs once held babies so listless they couldn't raise their heads. Today, because of the extra hands provided by successive Global Volunteers teams, these children are curious, bright-eyed, healthy and happy. Our dedicated host partners need you to nurture at-risk children year-round and teach conversational English skills to middle school and high school students. Children as young as 10 can make a real difference here!



Romania Volunteer Marcia Potvin caring for a child at the hospital. Photo by Romania Country Manager Mihaela Cirjontu.

"What wonderful children they are...demonstrating such dignity and grace. My life has been enriched on two programs by their courage. Alina is precious - I delighted in her small and great accomplishments." ~ Romania Volunteer Nila Cahill

Lodging and Meals:

- Modern, tourist-class hotel
- Double-occupancy rooms
- Single occupancy available
- American-style breakfast in hotel
- Lunch at the work site
- Dinner at hotel or restaurants

Free-Time Options:

- Folk music and dance concerts
- Historic "Painted Monasteries"
- "Dracula's Castle" tour
- Historic towns, Bucharest tour

Standard service programs are one and two weeks, with longer programs available. See date sheet for program dates and tax-deductible program contributions.

Community Volunteer Work Projects:

You're needed to care for babies and young children at a children's hospital ward. Most are from rural, impoverished families, sometimes suffering from low birth weight or physical and mental disabilities. But with your special, personal intervention, you'll discover the difference a simple cuddle can make in their lives! You'll get to know them personally: by feeding, holding, bathing and playing with them each workday. Best of all, you're rewarded with robust, warm hugs and broad smiles from your small charges.

If you prefer working with middle school and high school students, you can help teach conversational English in the classroom. No formal teaching experience is required. You teach four to five hours a day, Monday through Friday, practicing pronunciation and helping students with language exercises. You'll also

have time each day to collaborate with your teammates and prepare for class. English texts and our English teaching guide are used for daily lessons. You can do this! And if you like working with your hands, you can help the hospital staff with painting and maintaining the facility.

volunteer St. Lucia



The natural beauty and exotic lure of St. Lucia in the West Indies is exceeded only by the warmth of its welcoming people. Amidst this tropical paradise, children of all ages face serious challenges which require your volunteer assistance.

The village of Anse la Raye - through the Catholic archdiocese - invites Global Volunteers to help improve basic health, education and nutrition. You can teach/tutor students from preschool through high school, repair school facilities, plant household gardens and teach important nutrition and hygiene lessons.

St. Lucia Volunteer Kathleen Yasumura engages a child in sensory play. Photo by Roving Caregiver Abner Stephen.

"I now feel that the school I worked in is MY school, and will always be a part of me. The students sang about flying, soaring, touching the sky, achieving. It was inspirational." ~ Roger Yockey, alumni Global Volunteer and volunteer on the first St. Lucia team

Community Work Projects:

Global Volunteers serves Anse la Raye's preschools, primary school and trade school in an effort to improve the arc of children's lives. You're needed to help care for little ones at the preschool; tutor primary school students in math, science and reading; and work with young adults who are learning a trade. And in the summer months, you can help prepare 6th graders for a national, high-stakes exam where math and English knowledge determines which high school they will attend.

Short-term volunteers dramatically change the formula for every child's success, at the most important time of their life.

Occasionally, volunteers may be asked to teach students about healthy diets, physical fitness, disease prevention and hand wash-

Lodging and Meals:

- Comfortable, bayfront cottages
- Large double-occupancy rooms
- Single rooms available
- American-style breakfast
- Lunch at work sites
- Dinner at area restaurants

Free-Time Options:

- Water sports and beach walking
- Boat cruises and island tours
- Historical and cultural tours
- Spectacular sunsets

Standard service programs are one and two weeks, with longer programs available. See date sheet for program dates and tax-deductible program contributions.

ing with soap and water. Light labor service projects are almost always available as well. No matter your background or skills, your personal efforts will significantly improve Anse la Raye's future.

S Ш

volunteer Tanzania

The Serengeti Plain, the Great Ruaha Rift, Mount Kilimanjaro and the Maasai and Hehe tribes – all natural and cultural wonders of Tanzania. Sadly, the human realities offer stark contrast: high infant mortality, poor health care and low literacy rates all stemming from extreme poverty.

In the Iringa Region, needs are immense and resources are few. Since 1987, we've worked in partnership with local leaders to bring human and economic resources to children and families in rural villages.

Experience the catalytic power of sustained service – Global Volunteers' hallmark. Your skills are needed here – in one of the most impoverished countries in the world.



one of the most impoverished countries in the world. Tanzania Volunteer Pam Griffin and RCP Caregiver Regina with a local woman. Photo by Tanzania Volunteer Abby Raeder.

"Understanding between cultures is essential in all we do - it's the only way to recognize similarities and differences...and it's the only way to peace." ~ Carrie Emery, Tanzania volunteer

Lodging and Meals:

- New guest house 24/7 electricity, hot showers, western toilets
- Double occupancy rooms
- Single occupancy available
- Meals prepared by staff
- American-style breakfast
- Tanzanian lunch and dinners

Free-Time Options:

- · Amazing weekend safari
- Spectacular stargazing
- Cooking classes, evening choirs

Standard service programs are one, two and three weeks, with longer programs available. See date sheet for program dates and tax-deductible program contributions.

Community Volunteer Work Projects:

At the invitation of the Evangelical Lutheran Church in Tanzania and government and village leaders, Global Volunteers is conducting a Reaching Children's Potential (RCP) Demonstration Program. This is a child-focused, holistic effort that begins with pregnancy and continues through the 18th birthday. Volunteers are needed in a variety of capacities from supporting pregnant women to teaching/tutoring students at all levels.

Volunteers with backgrounds in health, nutrition and education are needed to present parent workshops in their area of expertise, accompany our staff on home visits, help with school and household gardens, teach public health education and provide patient care at the new health clinic. If you're a native English speaker, you're needed to help students improve their conversational

English skills. If you like to work with your hands, you can help renovate community buildings, construct chicken coops and assemble hand-washing stations. High school students can participate in our "Students As Teachers" (SAT) Program for preschool and primary school children.

volunteer **Vietnam**



Vietnam Volunteer Betty Wood teaching students at NBK School. Photo by Vietnam Team Leader Pam Cromer.

Despite a tragic history of war with the United States, the Vietnamese people warmly welcome American volunteers to build bridges of understanding and mutual respect. This is an especially profound experience for those who are connected to Vietnam because of the war. Volunteering in Vietnam offers a genuine opportunity to wage peace and promote justice by sharing your basic English language skills with students of all ages.

Millions of tourists visit Hanoi every year. But few are privileged to work one-on-one as volunteers with local students and thereby experience the "heart" of the country. Invest in Vietnam's future leaders as they recover from decades of poverty – all while enjoying this ancient culture.

"Vietnam was my eighth Global Volunteers program. In every service program, working with the local people, I learn more about the local culture, people, language and customs than I could in any other way. I experience how they actually live, and that's very exciting." ~Veteran Volunteer Tim Cunniff

Community Volunteer Work Projects:

We're gratified to help the Ministry of Education and Training to meet their goal of enabling at least 1,000 English teachers, translators, engineers, computer scientists and business people every year to become fluent in English. No previous teaching experience is required to volunteer on these conversational English projects.

Our Hanoi community partners, the Vietnam Institute for Development Strategies, Nguyen Binh Khiem High School, Blind Link and the Foreign Trade University, are committed to helping Vietnamese youth and adults become fluent in English so they can compete on the world stage. Tutor high- and mid-ranking officials and bright young researchers on conversational English pronunciation and vocabulary. Volunteers with expertise in law,

Lodging and Meals:

- Comfortable modern hotel
- Double occupancy rooms
- Single occupancy available
- American-style breakfast
- Lunch at work site
- Dinner at local restaurants

Free-Time Options:

- Shopping in Hanoi's Old Town
- Walks in parks and along lakes
- Theatres and craft markets
- "Hanoi Hilton" Prison Museum

Standard service programs are one and two weeks. See date sheet for program dates and tax-deductible program contributions.

business, economics and finance lecture in special university classes during some times of the year. Teach basic English skills at Blind-Link, a non-profit career development and training program for visually impaired young adults.

Help Deliver Essential Services to Children



The Essential Services Triangle is Global Volunteers' graphic illustration of the United Nations' mandate to ensure that every child receives the 12 interventions necessary to realize the fullness of their human potential.

ERADICATE HUNGER: School and household gardens, child nutrition, micronutrient supplements and fuel efficient stoves. IMPROVE HEALTH: Nutrition and hygiene education; dengue fever, malaria and HIV/AIDs prevention; and de-worming.

ENHANCE COGNITION: General and girls' education, psychosocial support, potable water and sanitary latrines.

> *The 12 Essential Services* are interdependent – therefore, our approach is comprehensive. Volunteers working together help deliver these important services.

"Every person and community who participates in this endeavor reaps tremendous benefits due to two basic truths: Give and you shall receive; teach and you shall learn." - Global Volunteers Co-founder and CEO Bud Philbrook

First, you can assist with school and household gardens - which provide micronutrients to malnourished children and supplement school feeding programs. They're also "living laboratories" for agriculture, science, health and math lessons. Plant, maintain and harvest container gardens and promote garden-based classroom learning, including how to grow a healthy garden and market surplus produce.

Essential Services Triangle

Second, you can teach pregnant women, parents, students and school staff about nutrition, healthy eating habits and the value of available foods.

Third, you can demonstrate healthy food preparation and cooking.

Eradicating Hunger



Whenever and wherever pregnant women and children are provided the 12 Essential Services, the positive global consequences are enormous. A steady stream of committed and prepared short-term volunteers is the "missing link"- an infinitely renewable resource - making a better world possible for all children. You can be a link in this chain!

Improving Health



First, you can work in schools, clinics and with parents to promote proper hand washing with soap and water - an effective and inexpensive way to prevent infectious disease. Help build simple but effective school and household handwashing stations.

Second, you can conduct workshops on raising healthy children. Teach public health classes using the text <u>Where There is</u> <u>No Doctor</u>. Educate young adults about HIV/AIDS and STD prevention.

Third, you can assist with children's eye exams, well-baby clinics, diabetes screenings and de-worming campaigns. Provide patient care at our health care clinic in Tanzania.
Fourth, you can teach pregnant and new mothers basic child-rearing skills and good health and nutrition. Provide childcare for parents attending workshops.

Children who are protected from infectious disease and provided adequate food and nutrition during the first 1000 days – pregnancy through the 2nd birthday - develop fully functioning brains. When these children are educated, they can realize their full potential and make significant contributions to society.

First, you can teach and tutor students in math, science, computer literacy, conversational English, reading, geography, gardening, health, nutrition and hygiene. Additionally, you can provide nurturing, mentoring, support and recreational outlets to students, while helping to foster a positive and caring school environment.

Second, you can coach youth to aspire to their potential – teaching that women and men can be equally successful in jobs or careers for which they prepare.

Third, you can help repair, paint and maintain classrooms, libraries, school bathrooms and preschools; and build playgrounds.

Enhancing Cognition



"Children who are constrained by life's unfairness incite our compassion. But, we know that caring without action isn't enough. Children thrive when they are mentored, encouraged, listened to, played with and shown they are important. Every volunteer contributes to this support – so that over time, the children we serve know they matter – and more – that they can change the world."

-Michele Gran, Global Volunteers Co-founder and Vice President

English - A Passport to Prosperity

English is the international language of technology, commerce and **opportunity**. English opens doors to promising futures. Students can listen to and practice the language with you – training their ears for English – and enhance their educational and job opportunities. Teach four hours each day, Monday through Friday, and prepare another four hours daily for upcoming classes. We provide you an English Teaching Guide and classroom resources. You supply your knowledge of the language, enthusiasm and creativity!

"Through songs and dances and games - as well as lively conversations in English - we renewed the teachers' enthusiasm for teaching English. I think I can guarantee that volunteering in Kunming will be an experience not to be forgotten."

~Esther Schak, five-time China volunteer



Ecuador Volunteer Martin Guibault reading oneon-one with Leonardo. Photo by Ecuador Country Manager Maggie Bjorklund.

Teach English - the Language of Opportunity

Become part of the process that inspires children to learn English. Even though you may teach for only one, two or three weeks, a continuous flow of volunteers ensures continuity and an ongoing opportunity for students to learn. You may not be the volunteer who enables a student to begin speaking in complete sentences, but if you can encourage that student to continue to study English, it may be the next volunteer who leads the student to that milestone. Every volunteer is an important link in a long chain of volunteers, and you will make a significant difference in this relatively short time.



Vietnam volunteer Elizabeth Begalla practices English with a secondary school student. Photo taken by Team Leader, Pam Cromer.

"I'm certain that in teaching English, we left a positive impression of what Americans are and what America represents. And, we piqued students' interest in America, the country - its peoples and its problems." ~ Keith Kresge, Alumni Volunteer to Vietnam

English teachers in most host communities are excellent grammarians, but they need help with pronunciation, idioms and "casual" use of the language. Your role in teaching conversational English is to provide your students (and their teachers) the opportunity to hear English spoken by a native speaker in an environment where students will not be evaluated. Give the gift that was freely given to you and make the difference in students' lives, for the rest of their lives!

Save Through Discounts and Fundraising



Volunteers and local students sprucing up the Colegio in Santa Elena, Costa Rica. Photo by Team Leader Nia Salas.

Fundraise: Reduce Your Costs!

Many volunteers successfully fundraise. It's much easier than you think. We'll help you design your Global Volunteers personalized fundraising webpage that will encourage family and friends to support your volunteer work. We're eager to help you! And we know your family and friends want to help you too.

Program Discounts:

* **Team Starter** Discount of \$233 (one per family) is applied to those who register six months in advance for international programs.

* Any Companion, as a first time volunteer, who joins you on an international program receives a \$200 discount, which can be applied to your program contribution or theirs. USA programs are discounted \$50 for first-time volunteer companions. Alumni may combine these discounts with their Alumni Discount.

**Alumni Volunteers* (those who have served previously) receive a \$200 discount on international programs and \$50 off USA programs. You may combine this discount with the companion discounts.

* **Current Full-time Students** with a valid student ID card and current fee statement qualify for a \$200 discount on international programs and \$50 on USA programs. This can only be combined with the Team Starter discount.

* **Volunteer Referral** \$100 credit toward your next program for each individual (not already in our database) you refer to us who volunteers. There's no limit to the number of volunteers you may refer. Credits have no cash value and may not be combined with the Companion Discount.

We Care For You!

Our Mantra: **"Safety Trumps Everything."** While personal safety is always your responsibility, we do our utmost to ensure your security by providing:

- Lodging in secure hotels or guest houses
- All meals at restaurants or prepared by our staff*
- Purified water for meals and at work sites
- Airport and host community transportation
- Team leaders trained in CPR and first aid
- 24-hour emergency contacts at home office
- Emergency Medical Evacuation insurance

Furthermore, our on-site orientation and team-building exercises quickly familiarize you to the community and your teammates. Your team leader manages the logistics of accommodations and the "flow" of your work schedule, so you can focus on working with and learning from the local people you serve. *(Breakfasts in Cuba are prepared by the home owner.)



Front view of Global Volunteers' Guest House in Ipalamwa, Tanzania. Photo by Tanzania Volunteer Abby Raeder.

Invest in Community Programs!

Our investment in host community partnerships since 1984 allows an unmatched opportunity for you to also invest directly in local people's vision. Our proprietary methods ensure mutually beneficial, catalytic experiences for the volunteer and local people – allowing you to become fully engaged when you arrive in the host community and beyond.

Spread the Word at Home

Nearly 50 percent of our volunteers learn about us through referrals from friends, relatives and colleagues. **You're our best source of future volunteers to serve partner communities.** Engage your social network through individual conversations, presentations and online promotions, and invite them to serve with you. You can earn referral credits for your next service program. Contact us to "get the ball rolling." It's easy, quick and effective - and we're with you all the way! To get started, call:

800-487-1074 or email@globalvolunteers.org.

Help Others Make a Difference

Whether you help paint a classroom, nurture a child, plant a garden, support a pregnant women or tutor a student, you're a vital link in helping others continue where you leave off! Consider sponsoring another volunteer - a friend or family member - and help them fundraise their service program contribution and travel costs using our website.



Ecuador volunteer Sue Sattler helps children get the nutrition they need. Photo by Ecuador Country Manager Maggie Bjorklund.

Continue Direct Support! (Serve, Sponsor, Support)

Our resourceful host partners and project leaders maintain long-term program effectiveness year after year. They enable you to continue the benefits of your service when you return home, or to support children and families through financial and material donations even if you're unable to join a service program. Your contribution of future service, sponsorship of children and support for community projects through monthly donations, bequests, stock donations and living memorials makes an enormous difference. Every donation helps. It's easy, visit: http://globalvolunteers.org/help-children-worldwide/ or call us at 800-487-1074.



Volunteers and local people share a light moment during painting in Appalachia, West Virginia, USA. Photo by Team Leader Karen Wark.

Donate! Sponsor! Support Worldwide Programs!

You can help advance Global Volunteers' work in all these areas as a donor for direct community projects, or as a child or classroom sponsor. Extend the value of short-term volunteers in our host communities by contributing to Global Volunteers' projects online: http://www.globalvolunteers.org/donate/ or by calling us: 800-487-1074. Please let us know how you'd like to support a host community or specific project – and *be a lifeline for a family or child*.

Your Program Contribution Enhances Long-Term Development

- 1. Your tax-deductible service program contribution reflects the actual costs of establishing and maintaining the program in our host communities.
- 2. Your contribution also enables us to raise funds for materials and important resources required to complete long-term community work projects.

Ninety-six percent of our total income is derived from tax-deductible service program contributions.

The Global Volunteers Difference: Your service program contribution enables multiple forms of support to our host communities. Eighty-five percent of your contribution is dedicated for program expenses. Only 15 percent underwrites our administration and fundraising costs. Global Volunteers is self-supporting, apolitical and non-sectarian.



How Your Program Contribution Helps

Your service program contribution supports ongoing, community service and covers your in-country costs:

• **Meals and Accommodations:** All meals – starting with dinner on arrival through breakfast on the final program day – are included. Many meals are at local restaurants where available. Your safe, culturally appropriate housing most often is a comfortable hotel but also may be a guest house, a *casas particulares* in Cuba or a community center in the U.S. Lodging is double-occupancy except in the U.S. and single rooms are often available for an additional cost.

• **Ground Transportation:** All transportation between the scheduled arrival airport, housing and the work project is provided.

• **Team Leader and Consultants:** All teams are led by Global Volunteers staff. Most are local nationals, and some are USA employees or volunteers.

• **Program Coordination:** Emergency medical evacuation insurance, 24-hour emergency communications, orientation materials, volunteer recruitment and preparation and costs associated with project start-up, site visits and host communications.

• Administration: Office overhead and standard administrative costs.

In addition, Global Volunteers raises funds for local project materials, such as handwashing stations, chicken coops, painting supplies, classroom resources and school and household gardens, as well as Tanzania RCP caregiver salaries and health clinic operating costs. We also fundraise for larger projects, for example: \$75,000 for a potable water system in Tanzania, \$250,000 for a new school building in rural China and \$25,000 for a children's home in Peru.



Dr. Lynda Balint offers patient care to a village mom. Photo taken by Team Leader Richard Martey.

"Once you've been to another country and really experienced it, you'll inevitably continue to care and want to help. This feeling cannot be disregarded." ~ Global Volunteer Kathy Breedlove



Colegio teachers Jorge Camacho and Karen Cascante get enthusiastic assistance from Costa Rica Volunteers Lena and Jen Armstrong and Justin Klein. Photo by Costa Rica Country Manager Maggie Bjorklund.

Family Volunteering Opportunities

"We want our children to learn about giving back outside our community and experience the struggles of others internationally - as well as learn about other cultures around the world. It's most rewarding to teach your children by actually volunteering with them. Our biggest inspiration is seeing the children have an impact on other people ... and that no matter where we are in the world, you can always help someone." - Barbara Scafidi, multi-time family volunteer to Peru, Romania, Poland, Cook Islands and Ecuador

Family volunteering can be life-changing for everyone! More and more, families of all sizes, traditions and compositions are discovering that serving and learning together is transformational. It's a remarkable bonding experience unlike any other. After just one, two or three weeks, you'll return home with perspectives of the world, life and each other you can't acquire any other way. What's more, you'll know you've contributed to long-lasting, positive change impacting other children's and families' lives forever.

Many service programs can engage multi-generational volunteers, particularly during the months of March, June, July, August and December. Children as young as six work side-by-side with their parents and local people in select countries.

You'll have secure accommodations, safe food and water, a qualified team leader and a partner community that cares about your welfare. Every minor volunteer must serve with a parent or adult guardian, and the adult is responsible for the welfare of the child.



Tanzania volunteer Matt Kleissler and local children. Photo by Tanzania Volunteer Amy Kliessler.

"My children came to feel as though they became 'kin' in the community... every family volunteer feels the same. Global Volunteers has created a unique, loyal and lasting legacy in their projects, and we all benefit." - Amy Kleissler, three-time Tanzania volunteer, with her sons Jack, Matt, Dan and Ryan

Group Volunteering Opportunities

Volunteer programs for college, high school, scouting, faith-based organizations, professional association and corporate groups.



University student Ellen Kolb and Henry wheeling soil for landscaping project at a school in Costa Rica. Photo by Costa Rica Country Manager Maggie Bjorklund.

Global Volunteers will engage your group in meaningful service learning. As an internationally respected NGO with over three decades of development expertise, we ensure that your group volunteering is optimally structured to help developing communities thrive. At the same time, you'll experience cultural learning and people-to-people activities that fully acquaint you with your host community and country.

Customized Options.

You tell us what you need; we make the arrangements to meet your needs. We offer unique experiences that enhance your group's service learning and teambuilding goals. We inventory your members' skills and interests, manage your assignments with our community partners and prepare you with materials including:

- Volunteer Manuals
- Conversational English Teaching Guides
- Essential Services Prospectus

With our proprietary on-site orientation and teambuilding, you can expect to hit the ground running! Academic groups: Request our service-learning kit at 800-487-1074 or email@globalvolunteers.org.

"We researched about a dozen NGOs and chose Global Volunteers because of their excellent materials and the fact that projects are in partnership with local people."

- Judi Lees, St. Lucia, Peru & India volunteer

Comfort & Safety.

Your group is lodged together in tourist-class accommodations and served three healthy meals daily with bottled water. We take precautions to help protect your health and safety including:

- Emergency Medical Evacuation Insurance
- On-site staff certified in CPR and First Aid
- Safe transportation

Reduced Program Contribution.

We work with groups of all sizes and offer flexible schedules, group discounts and online fundraising. For student groups of 10 or more, your group coordinator pays no program contribution.

Here's How to Register!

Three Easy Steps:

- 1. Select where you will serve.
- 2. Choose your service program dates.
- 3. Register online or by phone, fax or mail.

Once you are registered, we help you throughout the planning process by providing you information on everything from travel tips to packing lists.

Register online at https://globalvolunteers.org. You may submit your \$350 deposit by check, ACH, Visa, MasterCard, American Express, or Discover. *Call 800-487-1074 for assistance.*

"Simply, I wish many more people would spend time with people in other cultures. People are people, and meeting them goes a long way toward breaking down prejudices, stereotypes and misconceptions." ~Romania Volunteer Jerry Parkinson

How to Choose Your Program

• Select by Community Project: Use our program descriptions here or on our website to learn about local needs, work projects and how you can serve. While professional skills are not required for the majority of our service programs, your professional skills will be engaged where appropriate.

• *Select by Country and Date:* One- and two-week options are available on most service programs. Longer programs are possible in some circumstances.

• Select by Service Program Conditions: The service project, facilities and geography vary significantly by community. Compare service programs at http://www.globalvolunteers.org

• *Select by Cost:* The wide range of tax-deductible service program contributions starting at \$1095 accommodates most everyone's budget. Please refer to page 7 for details on available discounts for families, companions, students and groups.



Tanzania Volunteer Brenda Pearson teaching basic English to children. Photo by Volunteer Abby Raeder.

Frequently Asked Questions:

How Will I get to the Host Community?

Your Global Volunteers team leader or representative will meet you at the airport on your scheduled day of arrival and transport you and your teammates to the host community.

What if I Don't Know the Local Language?

It's not necessary to speak the local language. We'll teach you basic greetings and helpful phrases as a part of your orientation in communities where English is not the primary language.

What Type of Insurance Do I Need?

Emergency medical evacuation insurance is included in your service program contribution for international programs. We also strongly recommend that you purchase health and medical insurance as well as trip cancellation insurance.

What Costs are not Covered?

Airfare or other travel to the host country; visas and passports; airport departure taxes and excess baggage charges; charges incurred for flight cancellation or other travel delays, accidents or other causes beyond our control; medical expenses; free-time expenses (including your meals away from the host community, and entertainment and other admission fees); alcoholic beverages; desserts; laundry and phone/ fax/e-mail charges and all other items not specifically included.

A Legacy of Service Spanning Three Decades



35,000 The number of volunteers who have served in 35 countries on 6 continents since 1984.

46% The percentage of children who are stunted in rural Tanzanian villages where Global Volunteers is helping to eliminate stunting.



22 The number of states & territories where Global Volunteers has served.

2,800,000

Hours of service that our volunteers have freely offered in an effort to improve the lives of children.

543,600 The number of students who have improved their conversational English skills due to the efforts of volunteers.

70% of all our volunteers are female. That's terrific; but we need more men! So, bring your husband, son, father or significant other with you. It will positively change his perspective of the world.



Waiting for You, You are the world to a child in their home classroom, care center

Join Us Toda



Global Volunteers 375 E. Little Canada Rd. St. Paul, MN 55117-1628

"Global Volunteers provides people with an opportunity to make a difference in the lives of children around the globe." - Oprah Winfrey

