

Global Volunteers[®]
Partners in Development

Travel That Feeds The Soul[®]

Top 5 Boomer Service Destinations Worldwide



Engaged to Give Back.

Boomers: Pursue life-long learning by sharing your skills, interests and energy with the world!

Fulfill your passions by giving back to children and families on short-term volunteer programs. You'll leverage years of education, career, and family life. And, depending on your appetite for challenge and adventure, you can select a program near home, or in a far-flung destination.

Cuba. Poland. St. Lucia. Tanzania. The USA.
These are our "Top 5 Boomer Service Destinations."

Serve for 1-3 weeks on helpful, engaging projects. You'll work on an all-age volunteer team under the direction of local leaders. We provide comfortable, safe lodging, nutritious meals and a trained team leader. Your program costs are tax-deductible.

Join kindred spirits to serve, learn from others, make new friends, explore a culture, and have fun.

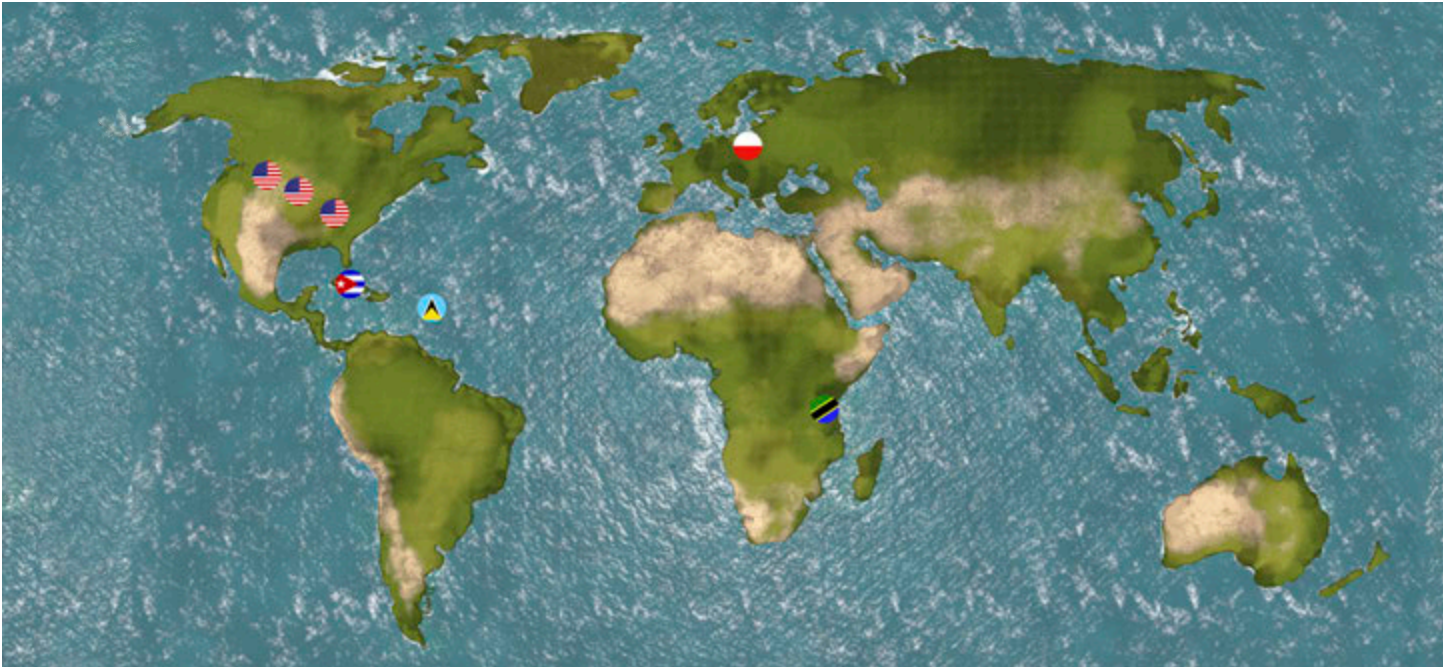


Got a Bucket List? Choose, Go, Give.

Where would you like to go? What would you like to learn? How would you like to help? Every service program offers unique opportunities to learn and serve. The community projects are carefully managed to respond to current needs, and center around helping children reach their full potential. Examples of volunteer assignments are:

- Caring for vulnerable children.
- Providing healthcare to children, pregnant women and new mothers at clinics
- Teaching conversational English in classrooms, community centers and summer camps
- Planting school and household gardens and teaching parents and children how to maintain them
- Conducting hand-washing, dental hygiene, nutrition and fitness educational sessions
- Counseling pregnant women and new mothers on child development and stimulation
- Painting and repairing classrooms, clinics, children's homes and other community buildings

Theodore Roosevelt: "What we do for ourselves dies with us. What we do for others lives long after we are gone."



Top Service Destinations for Boomers:
Cuba, Poland, St. Lucia, Tanzania, USA.

Volunteering is Good for Your Mind, Body and Soul!

“People who work to improve the world or help others tend to maintain a sense of vitality.”
-Mayo Clinic

With Global Volunteers, you make a positive difference. You extend the usefulness of your skills and knowledge, gain satisfaction from doing something you believe in... and leave a legacy for future generations.

What's more, you'll have ample free time in the evenings for community activities, and on weekends to explore local attractions. Open the door to new opportunities, and learn how significant your life experiences are in our partner communities.

Enlarge your perspective. Engage the world for good!



Enlarge Your Perspective. Deepen Your Understanding.

Become a significant part of efforts much larger than yourself! All service programs are centered around helping children and their families. Boomer volunteers' Top 5:

Tanzania:

Teach the basics of nutrition, hygiene and disease prevention, tutor in English, help plant gardens, repair buildings, demonstrate child stimulation and early development and more. \$1662-2295

Poland:

Practice English pronunciation, phrases, vocabulary, and idioms in classrooms with elementary and middle school students during the school year and at fun summer language camps. \$2062-2895

Cuba:

Practice conversational English with youth and adults. Engage elders in recreational programs. Plant and weed community gardens. Help with a sewing and craft enterprise to support local families. \$2562-3395

St. Lucia:

Tutor and guide pre-schoolers through games and lessons. Help primary school students improve reading, math and numeracy. Paint and repair community buildings and more. \$2362-2995

The USA:

Lend a hand on a wide variety of basic community labor projects. Help supervise kids' recreation programs, tutor high school students studying for their GED, engage elders in stimulating activities and more. \$1045

“The people we help are more than just neighbors in a different culture. Now, they’re family. We work with each other, embrace each other, learn new things, have fun, and most of all, make a real difference.”
- Baheejah Mahdi, USA Volunteer



“As a lifelong learner, I’ve always been a student and a teacher. Now, I’ve expanded these roles in service to others.”

-Gloria Gibb, 10-time Volunteer



**Do You Have Questions?
Don't Wait!**

Call 800-487-1074

info@globalvolunteers.org.

We'll help you choose a program!

**Follow Your Heart.
Explore a New Purpose.**

You're in good company on our teams! Volunteers are from all walks of life. The majority are individuals and couples 55 and older. You'll find intergenerational combinations as well - grandparents with grandchildren, nieces or nephews, or adult family members. When you work alongside local people together, you find beauty in every connection and commonality discovered, large or small. You may discover a brand new purpose!

Top Priorities: Your Health and Safety

All logistics are carefully managed for your security. That means we provide for you:

- Lodging in comfortable tourist-class hotels or guest-houses, double occupancy
- Single room options, except in the USA, for an additional fee.
- Private baths, hot showers
- Three nutritious meals daily - mostly in restaurants, some prepared by our staff cooks
- Bottled water daily
- Team leaders and local staff trained in CPR and first aid
- 24/7 phone access to USA headquarters
- Emergency medical evacuation insurance.

“I feel comfortable, safe, happy and excited. I'm so fortunate to have this wonderful service opportunity. I'm humbled. I'm at peace.”

- Louise Greenlaw, Poland Volunteer



Our Philosophy of Service Ensures Your Opportunity to Make a Difference.

Nurturing long-term relationships has been central to our worldwide success since 1984. Local people are always in charge. Your most important role is as a catalyst for the change the community envisions. This is how you can truly help children reach their full potential. You'll serve in this way:

- At the invitation of our community partners
- Under the direction of local leaders
- On sustainable community-based projects
- Hand-and-hand with local people
- By offering your skills to the best of your ability

Your team leader is your guide throughout your service program. Our community partners assign you and your teammates to projects that best meet the current needs of children and their families.



“It’s fun to see the students’ faces relax and smile. Sharing cultures with one another leaves me feeling very grateful and blessed.”

- Lauri Molnar, Peru Volunteer





Frequently Asked Questions:

How many other volunteers will be on my team?

Every service program has a minimum and maximum volunteer number. Generally, our teams are between 8 and 14 volunteers. We can usually confirm a team with as few as 3 volunteers. Our team size is determined by the work projects and community lodging.

Who will be my team leader?

In most countries, your team is led by a local staff person who lives in the partner community and is trained by Global Volunteers. S/he manages all team logistics and volunteer assignments.

Can I join a team as an individual?

Most of our volunteers are solo travelers, however, families and couples serve regularly. Retirees often invite family members - adult children, grandchildren, nieces or nephews to share this amazing experience with them.

Who will I work with in the community?

For teaching assignments, you'll work in small groups, classrooms and occasionally, one-on-one with students and teachers. For all other service projects, you will work one-to-one match with local youth or adults, depending upon the work assignment.

How soon do I have to register?

If you have specific travel dates when you're available, it's best to register as soon as you firm up your plans, especially if you want to serve as a family or couple. Our service programs can fill quickly, and in that case, you'll be added to a waiting list.



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